The Italian Hiking Federation ( FIE ) was refounded in 1946 in Genoa.

In 1971, by Presidential Decree 1152, the FIE was granted legal personality as a Moral Body. In 2004, reconfirmed in 2018, the Ministry of the Environment, by its decree, included the FIE among the Environmental Protection Associations. The FIE qualifies as a Social Promotion Association and as such elevates Law 383/2000 as its reference.

The FIE is a full member of the European Ramblers Association ( ERA ), an organization founded on 19/10/1969 in Germany. It currently includes 59 federations within 29 European nations in addition to Morocco and Israel, with more than 3,500,000 members.

The main purpose of the ERA is to promote hiking and trekking beyond its borders in order to contribute to knowledge and friendship among the various nations, in accordance with the intention of "walking from people to people across national borders."

In this regard, one of the most important links devised by ERA is the one called, not surprisingly, "EUROPEAN SENTIERISTIC CORRIDOR E/1 " , which starts from Cape North in Norway and ends at Cape Passero in Italy, crossing from north to south all of Europe for about 8,000 km.

The Trail was inaugurated on July 31, 1972 in Constance, Germany. It starts from the small Swedish town of Grovelsjon and ends at Capo Passero in Sicily, crossing all of Norway, Sweden, Finland with a link road, Denmark, Germany, Switzerland, and ending in Italy.

The FIE manages, in our nation, the entire network of European Trails, namely, the E1, the E5, the E7, the E10 and, the latest, the E12.

The FIE IRPINIA TREKKING Association of Avellino has taken on the task of mapping, describing and marking with white/red paint and plaques with European symbology, all 40 Stages of the E1 Molise-Campania from Lago della Selva , in lower Lazio, to S Rufo, at the foot of the Alburni Mountains ( SA ), totaling 640.700 km.

The entire stretch involves two regions, five parks, six provinces and more than fifty municipalities. Currently, the entire Italian section has been implemented as far as Campania, and the part through Basilicata, Calabria and the final part of the Sicilian section is being implemented.

FIRST STAGE EUROPEAN TRAIL CORRIDOR E/1.

MOLISAN SECTION .

RELEVANCE IRPINIA TREKKING AVELLINO.

SCAPOLI ( 617 mslm ) - COLLEMATTEO ( 571 mslm ) - MONTETUORO ( 782 mslm ) - MENNELLA ( 598 mslm ) - MADONNA DI MERZONE ( 742 mslm ) - MONTAQUILA ((480 mslm ).

Scapoli is a small Borgo that arose in the 9th century AD around the Abbey of San Vincenzo al Volturno, surrounded by mountains and woods in a strategic position on a cliff. It has about 670 inhabitants and is located at 617 mslm. Very picturesque is the antrone of the Palace known as Storto, from which the characteristic "patrol walk" starts, in a first section called Scarupato and flanked on one side by small portals of fondaci, on the other by a series of round-headed openings from which it is possible to admire the Borgo below.

Past this section one reaches the most scenic point of the roundabout walk from which it is possible to see the ruins of Rocchetta vecchia and the peaks of Monte Marrone (1805 mslm), Monte Ferruccia (2005 mslm), Monte Mare (2020 mslm) and Monte Cavallo (2039 mslm),of the fascinating Mainarde group. Scapoli is the World Capital of the Bagpipe, a typical musical instrument of the Christmas season, and a museum dedicated to it has been set up in the village. In the last weekend of July the International Festival of the Bagpipe is organized. In a short time one can reach Castel S. Vincenzo and the lake of the same name with the possibility of circumnavigating it.

The First Stage departs from the Historic Center of Scapoli and enters Corso Kennedy, then crosses Piazza Martiri di Scapoli and enters Via Volturno downhill exiting the Borgo. You pass the Cemetery and immediately afterwards, on a curve, disregard a dirt road on the right. Continue for about 300 m and at a group of houses turn right onto a small dirt road that avoids several bends in the road and ends at the end of Via Fontelavella and at the intersection with S. S. 627, which you cross beside Casale Terra Nostra to enter the municipal road.

It descends again and, at a bend, disregards a left turn and follows on Via Ponte to the right. After a semilevel, still going downhill, you pass a sharp bend and transit a bridge to cross the Rio Acquoso, which shortly afterwards flows into the Volturno.

After a while turn left (right does not), and continue on the uphill municipal road. After a few curves, you disregard a small road uphill on the left and proceed for a few meters to turn left onto a steep section that causes us to skip a section of road. Turn left again and after a curve with stone caissons on the side, turn right onto a dirt road that leads us to intersect the road again right at an intersection.

On the right begins the village of Cannine, from the left comes the municipal road and straight on we enter Via Collematteo, still going uphill. Shortly after we intersect a paved road coming from the right and turn left leaving out the section that continues straight on a dead-end road.

You travel about 1,500 m on a road with little traffic, passing a small picnic area with a drinking fountain. You reach Colle della Forca ( 620 mslm ), where you pass into the territory of the municipality of Colli a Volturno and leave the asphalt road to turn right on a gravel road that crosses a pine forest. You begin to climb with wide hairpin bends and with stretches with good gradient alternating with false floors. You ignore a starrata on the left and enter a coppice of oaks and holm oaks.

You continue the ascent, always on brecciata and disregard a dirt road to the left and, after a short while, one to the right, to reach the summit part of the trail, Montetuoro ( 740 mslm ), where you meet a spring not always fed by the aqueduct that passes on our left flank. You begin to descend, always on a breached bottom, disregarding a detour to the right.

You come to a bend and keep to the right at 90° ( 708 mslm ), to pass on a dirt road, ignoring the brecciata that continues to the left for Colli a Volturno.You begin a section that descends gently on a comfortable dirt road that runs halfway up Mount La Falconara.

Entering the municipality of Filignano, the dirt road becomes a path that alternates between sections in brecciata and others in beaten earth. Here the slope increases a little until it meets the bed of the Rio Chiaro stream and passes it on large rounded stones ( the Rio in the summer period is always dry ). You travel about 800 m uphill, disregarding a detour to the left, still on a dirt road, to reach the hamlet of Mennella. ( 598 mslm ). In the center of the small hamlet there is a small fountain fed by the aqueduct.

From the fountain turn back a few meters and turn right, where there is a European plaque on a small wall. After 20 meters turn right and pass a small square to enter a path that shortly after wedges into two dry stone walls. Continue always on a mule track that sometimes widens a little and sometimes narrows, always between dry stone walls, disregarding various detours ( pay attention to the very punctual horizontal signs ). This stretch from Mennella to Madonna di Merzone is common to the M 3 trail of the Molise Region. Halfway along the mule track, a European signpost is encountered again. At a further intersection the mule track with dry stone walls ends and you turn right onto a dirt road. You come to a small clearing and keep left forming a bend, at the end of which you turn left almost parallel to the road. After 200 mt you intersect the asphalt road and keep left slightly uphill passing two curves to then leave the road ( which continues straight to the Rock Church of Madonna di Merzone ), and turn left on a dirt road.

After about 250 m you pass into the territory of the Municipality of Montaquila ( 705 mslm ), encountering first a watering hole and small stazzi, and then a plateau on the left with a farmhouse. Continue on a comfortable dirt road on a false level for about three kilometers halfway up the slope of Monte Piano ( 880 mslm ), ignoring in succession the following detours : left no, right no slightly uphill to 744 mslm, from which you begin an equally slight descent, before which, on a large stone there is a European plaque.

At a large bend you keep right and continue, at another junction, straight ahead. Then, in succession, disregard the following dirt roads that go left one and right another, always downhill. We pass in front of a water catchment structure, on the right, and start treading a concrete section that goes through a pine forest and then intersect a municipal road where we have to turn left with a good slope.

At a curve we turn right and take Via G. Carducci. At a subsequent curve we keep to the right and meet a small fountain. A small uphill stretch and you reach the Villa of Montaquila and the headquarters of the Alpini Group., turn left and then right and climb to the Town Hall where the Stage ends.

DIST. km 20 - DISL.uphill mt 504 and downhill mt 641 - DIFF E - DUR h 6,30.

In the opposite direction DISL. uphill mt 641 and downhill mt 504.

Maximum altitude mt 760.

PRESENCE WATER ON THE PATH : YES.